

**U 6/U7 (K/1) 3V3  
SMALL-SIDED GAMES  
PROGRAM**

**Law 1—The Field:**

- A. **Dimensions:** The field of play shall be rectangular, its length being not more than 40 yards nor less than 20 yards and its width not more than 25 yards nor less than 15 yards. The length in all cases shall exceed the width. Recommendation: 20 x 15 yards
  - B. **Markings:**  
Goal area: Three (3) yard arc (exclusion zone)
  - C. **Goals:** 4 x 6 Use cones, flags or pop up goals
- Law II—The Ball:** Size three (3) U6/U7
- Law III.—Number of Players:**
- A. Maximum number of players on the field at any one time is three (3). Game played without goalkeeper.
  - B. Maximum number of players on the roster 12 max.
  - C. Substitutions: During stoppages in play.
  - D. Playing time: Each player SHALL play a more than 50% of the total playing time.
  - E. Teams and games may be coed.

**Law IV—Players Equipment:**

- A. Athletic shoes, shin guards covered by a pair of high socks, clothing that is not restrictive and a soccer ball.

**Law V—The Referee:**

- A. Parent/Coach or assistant that monitors play. All rule infractions shall be briefly explained to the offending player.

**Law VII—Duration of the Game:**

- A. The game shall be divided into four equal, six (6) minute quarter. There shall be a two (2) minute break between periods.

**Law VIII—The Start of Play:**

- A. Kick-offs goes back to insure possession.

**Law IX—Ball In and Out of Play:** Dribble in or kick-in

**Law XII—Fouls and Misconduct:**

- A. Shall be classified under one heading: INDIRECT
- B. Opponents must be three (3) yards away before kick is allowed.

**Law XIV—Penalty kicks:** None

**Law XV—Throw-In/Kick-In: Throw-ins are not utilized.**

- A. Kick-in is considered as an indirect free kick.

**Law XVI—Goal Kick:** The ball is kicked from any point within the goal area. Opposing team must back up to the half line.

**Law XVII—Corner Kick:**

No corner kicks. Kick-ins will be taken in place of corner kicks.

**U 6/U7 (K/1) 3V3  
SMALL-SIDED GAMES  
FORMAT**

Starting out with a 90 x 55 yard field. Divide that into eight (8) smaller 20x15 yard fields with a ten (10) yard space in between.

The players and coaches are in between the fields while the spectators/parents are on the outside.

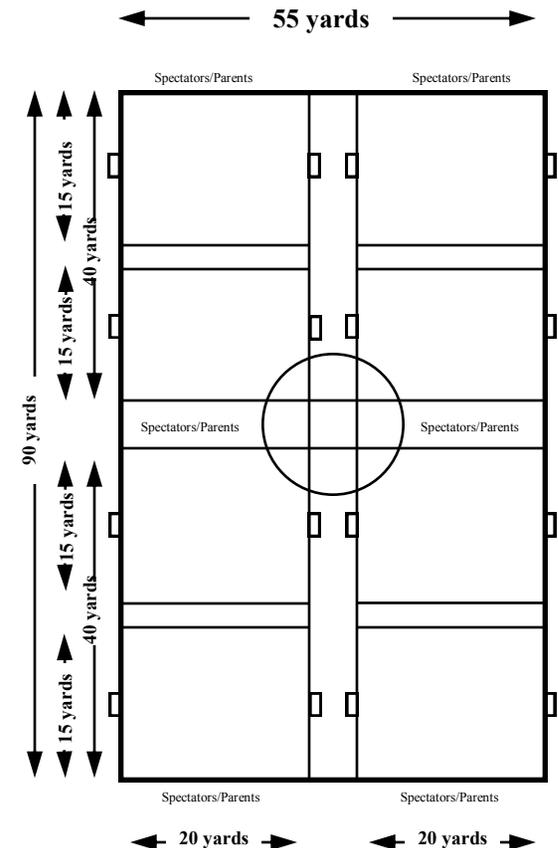
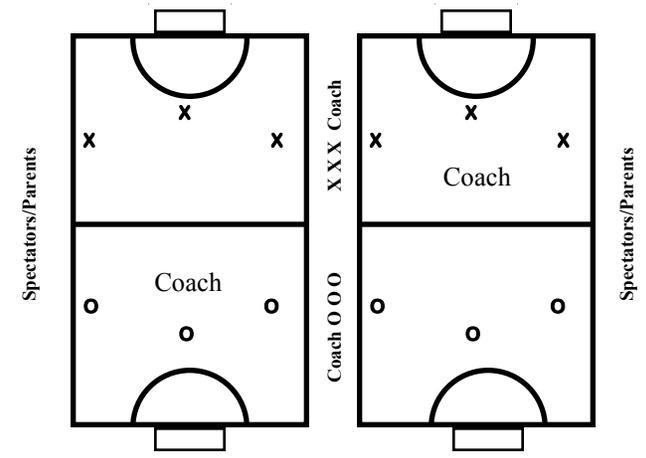
This will accommodate 4 teams for a total of 36 players with 24 of them playing and 12 resting.

8-12 coach/parent volunteers, 2-3 per team are necessary to provide a safe environment on the field, and communicating with each other to help players switch in and out. One assigned to their defensive halves and one off the field with the subs.

On game day there is the flexibility of splitting the team into two teams of 6 exclusively, or players could come off of one field and sub in on the other field when necessary.

**Benefits:**

- Keeping track of the score is difficult and stress is lower.
- Adults support all players.
- More activity for the players.
- "Exclusion" zone keeps players more engaged in the field.
- Spectators create a "stadium" and the players are central to the action.
- Players of mixed ability can participate together.
- 3v3 has good "soccer shape" and creates a good learning environment.



# THE ADVANTAGES OF PLAYING SMALL-SIDED GAMES

## The Child Has:

- More time with the coach
- More practical space to be successful
- Increased number of contacts with the ball
- More actual playing time
- Energetic workouts due to playing both offense and defense
- Required to make more decisions
- Experience repeating game situations more frequently
- The work rate and involvement of a player stays consistent

## The Small Field Allows for:

- More efficient use of space
- Games to be played simultaneously across a full size field
- Children to be physically more efficient in smaller space
- Less time to achieve a goal or advance to goal, successfully
- Children to be actively involved for a longer period of time

## CHILDREN GROWING, CHILDREN HAVING FUN What is Late Summer Soccer?

All boys and girls entering grades K-5 are eligible. The New Richmond Community Education program is designed to provide our children and volunteers:

- A program for all "soccer fun for everyone"
- An opportunity to play soccer and develop athletically
- Resources and coaching education
- Opportunity to learn about the game of soccer
- Fun
- Fitness
- Friends
- For life

## AGE GROUP CURRICULUM FOR YOUTH PLAYER DEVELOPMENT U6/U7 FUN PHASE

The fascination for the ball, the desire to master it and the thrill of scoring goals provides the launching pad. The joy and pleasure of the game are best nurtured by encouraging freedom of expression. The "Six principles" of U6/U7 player development is the corner stone of the CE LSS program.

1. Are activities developmentally appropriate.
2. Provide clear, concise and correct information.
3. Organize activities simple to complex.
4. Provide safe and appropriate training area.
5. Include decision making by the players within activities.
6. Ensure activities have implications for the game.

**Coach:** Facilitator, Friendly Helper; Organizer; Stimulator; Patient; Enthusiastic; Imaginative

**License**—F License, U6/U8 Youth Module

**Technique/Tactics:** Learning through FUN games and age appropriate activities to encourage participation.

Activities checklist:

- Are the activities FUN?
- Are the activities organized?
- Are the players involved in the activities?
- Is creativity and decision making being used?
- Are the spaces used appropriate?
- Is the coach's feedback appropriate?
- Are there implications for the game?

Games: Body Awareness => Maze Games=> Target Games

**Physical:** Physical/Movement Education through Soccer  
Body Awareness

Agility—Changing Direction while in Motion

Balance

Coordination—Eye Hand and Eye Foot

**Psychological:** Keep it FUN and ENJOYABLE to foster a desire to play (Intrinsic Motivation). Tend to one task at a time—controlling the ball is a complex task by itself. Have realistic expectations. Players struggle to understand group or collective play, encourage individual activities with all players with a ball. Short attention span unless peaked, therefore keep interest high. Children like to show what they can do, encourage them to try new things. Develop self esteem encourage activities that foster positive feedback and attainable positive success.

## New Richmond Community Education Late Summer Soccer

### 3 v 3 Program

### Under 6 & Under 7 (K & 1st Grade)



### The Small-Sided Game

Community Education

Revision (2.3.16)